



# Grade 10 Student Course Planning Sheet

## 2023-2024 School Year



Video Instructions: <https://tinyurl.com/SJGrade10Planning>

LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_

HOMEROOM: \_\_\_\_\_

### CURRENT SCHOOL:

- |   |  |  |   |
|---|--|--|---|
| <input type="checkbox"/> St. Francis        | <input type="checkbox"/> St. Thomas    | <input type="checkbox"/> Mother Teresa | <input type="checkbox"/> St. Marguerite |
| <input type="checkbox"/> Camille J. Lerouge | <input type="checkbox"/> St. Patrick's | <input type="checkbox"/> St. Gregory   | <input type="checkbox"/> Other          |

### Full-Time Online

- ☐ Full Time Online for 2023-2024 school year
- Please select the box above if this student will be a full-time online learner (At Home Learning) for next year. **Please go to the SJHS Full Time Online Planning Documents to your planning sheet. Do not use this document.**

### PHYSICAL EDUCATION/BALL ACADEMY (ALL STUDENTS CHOOSE ONE)

- |  |   |
|--|---|
| <input type="checkbox"/> P.E. 3-Credit (Every Other Day) | <input type="checkbox"/> P.E. 5-Credit (Every Day)    |
| <input type="checkbox"/> P.E. 5-Credit Summer School     |   |
| <input type="checkbox"/> Baseball Academy (10 Credit)    | <input type="checkbox"/> Softball Academy (10 Credit) |

*\*Students taking Ball Academy cannot select Elite Athlete Sport Performance from the Grade 10 Exploratory Options sheet.*

### 20-LEVEL COURSES (OPTIONAL) - These are all 5-credit courses - you may only select one

- |                                     |                                       |                                     |                                    |
|-------------------------------------|---------------------------------------|-------------------------------------|------------------------------------|
| <input type="checkbox"/> Biology 20 | <input type="checkbox"/> Chemistry 20 | <input type="checkbox"/> Physics 20 | <input type="checkbox"/> Math 20-1 |
|-------------------------------------|---------------------------------------|-------------------------------------|------------------------------------|

*Only those students with high academic standing can choose to take a 20-level course in Grade 10. Preference will be given to Grade 11 & 12 students requiring these classes. By selecting one of these courses there is no guarantee you will be enrolled in this class next year.*

### RELIGION EDUCATION

- |                                    |                                 |  |
|------------------------------------|---------------------------------|--|
| <input type="checkbox"/> In person | <input type="checkbox"/> Online | <input type="checkbox"/> Summer School |
|------------------------------------|---------------------------------|--|

## Exploratory Option Selection Sheet 2023-2024

### EXPLORATORY/OPTIONS

Choose the necessary options from this section to fill your timetable. Mark these courses with an X.  
Once finished, make sure to choose **FIVE** alternate choices by writing an "A" in the space next to the course.

*\*Some exploratory courses incur an additional fee to cover costs of materials and/or transportation.*

<input type="checkbox"/> Aboriginal Studies 10-3	<input type="checkbox"/> French 10-5
<input type="checkbox"/> Art 10-3	<input type="checkbox"/> Guitar 10-3
<input type="checkbox"/> Astronomy 15- 3	<input type="checkbox"/> Health, Wellness and Recreation 10-3
<input type="checkbox"/> Big History 15-3	<input type="checkbox"/> Japanese Language and Culture 10-3
<input type="checkbox"/> Computer Science 10-3	<input type="checkbox"/> Leadership 10- 3
<input type="checkbox"/> Cosmetology 10-3	<input type="checkbox"/> Medical Studies 10-3
<input type="checkbox"/> Creative Writing 15-3	<input type="checkbox"/> Psychology 20-3
<input type="checkbox"/> Dance 15-3	<input type="checkbox"/> Robotics 10-3
<input type="checkbox"/> Design Studies 10-3	<input type="checkbox"/> Robotics 10-5
<input type="checkbox"/> Drama 10-3	<input type="checkbox"/> Sports Medicine 10-3
<input type="checkbox"/> Elite Athlete Sport Performance 10-3	<input type="checkbox"/> Visual Communications 10-3
<input type="checkbox"/> ESL Learning Strategies 15-3	<input type="checkbox"/> Welding and Metal Designs 10-3
<input type="checkbox"/> Esthetics 10-3	<input type="checkbox"/> Welding and Metal Designs 10-5
<input type="checkbox"/> Film and Media Studies 15-3	<input type="checkbox"/> Wildlife and Outdoor Ed 10-3
<input type="checkbox"/> Food Studies 10- 3	
<input type="checkbox"/> Forensic Studies 25-3	

### BLOCK 0 OR Outside regular SCHOOL CLASSES (OPTIONAL)

- ☐ Music (Band)- (7:15-8:35 a.m. every other morning) - 5 Credits
- ☐ Musical Production- 5 Credits
- ☐ Work Experience (Student must have a paid employment position)
- ☐ Green Certificate

### DUAL CREDIT COURSES (OPTIONAL) - DO NOT PLACE THESE ON THE GRADE 10 COURSE PLANNING SHEET (SELECT A MAXIMUM OF TWO)

You must be in good academic standing to enroll in these courses.

<input type="checkbox"/> Accounting Dual Credit	<input type="checkbox"/> Infection Control Dual Credit
<input type="checkbox"/> Anatomy and Physiology Dual Credit	<input type="checkbox"/> Justice Studies Dual Credit
<input type="checkbox"/> Animal Health Technology Dual Credit	<input type="checkbox"/> Medical Terminology Dual Credit
<input type="checkbox"/> Business Management Dual Credit	<input type="checkbox"/> Precision Agriculture Techgromony
<input type="checkbox"/> Ecology Dual Credit	<input type="checkbox"/> Psychology Dual Credit
<input type="checkbox"/> Health Care Aid Dual Credit	<input type="checkbox"/> Sociology Dual Credit
<input type="checkbox"/> Heavy Equipment Tech Dual Credit	<input type="checkbox"/> Sport Management Dual Credit
<input type="checkbox"/> Horticulture Dual Credit	<input type="checkbox"/> Veterinary Animal Health
<input type="checkbox"/> Hospitality and Tourism Dual Credit	<input type="checkbox"/> Welding Dual Credit

This planning sheet is for making sure you select the proper courses to fill your timetable. **Please be aware that your final timetable will not match what is below.**

BLOCK 0		BLOCK 0	
DAY A	DAY B	DAY A	DAY B
ENGLISH		SOCIAL STUDIES	
SCIENCE		MATH	

To submit your requests please go to

<https://tinyurl.com/SJGrade10Requests>

before **Friday, March 17**

# Grade 10 Summer School

Students can take a maximum of 10 credits during summer school with a maximum of one core.

SECTION A - CHOOSE ONLY ONE COURSE	
SUMMER SCHOOL - CORE COURSES (5 credit courses)	
<input type="checkbox"/> Science 10	<input type="checkbox"/> Social 10-1
<input type="checkbox"/> Science 14	<input type="checkbox"/> Social 10-2
<input type="checkbox"/> Math 10-Common	<input type="checkbox"/> English 10-1
<input type="checkbox"/> Math 15-5	<input type="checkbox"/> English 10-2

SECTION B - MAXIMUM 10 CREDITS	
SUMMER SCHOOL - OTHER COURSES	
<input type="checkbox"/> RS: Roman Catholic 15-3 (3 credits)	<input type="checkbox"/> Chrome Academy (5 credits)
<input type="checkbox"/> RS: Roman Catholic 25-3 (3 credits)	<input type="checkbox"/> Learning Strategies 15-3 (3 credits)
<input type="checkbox"/> RS: Roman Catholic 35-5 (5 credits)	<input type="checkbox"/> Learning Strategies 25-3 (3 credits)
<input type="checkbox"/> Religions of the World (5 credits)	<input type="checkbox"/> Learning Strategies 35-3 (3 credits)
<input type="checkbox"/> CALM (5 credits)	<input type="checkbox"/> HCS3000 (1 credit)
<input type="checkbox"/> P.E. 10-5 (5 credits)	<input type="checkbox"/> HCS3010 (1 credit)
<input type="checkbox"/> P.E. 20-5 (5 credits)	<input type="checkbox"/> Work Experience (Maximum 6 credits)
<input type="checkbox"/> P.E. 30-5 (5 credits)	

Summer School Registration: [bit.ly/rdcrrsummer](https://bit.ly/rdcrrsummer)

Deadline to Register: Wednesday, June 14, 2023